



Track Day Regulations

This document details the terms and conditions by which all participants (drivers / riders, passengers and spectators) at a track day event are bound. It is a requirement that these regulations are read in full and in signing the Track Day Driver Declaration Form, the participant is confirming to abide by these conditions.

Lydden Hill Race Circuit (LHRC) maintains the right to refuse entry or to eject from the venue any person who is acting against the interests of safety and/or whose behaviour is likely to cause damage, nuisance or injury.

Acknowledgement of Risk

Neither LHRC, any instructor(s) or any company or organisation connected to the event or any of their respective employees, agents or assistants, shall be liable for any injury, loss, damage, claims, costs, expenses or demands suffered directly or indirectly by a participant as a consequence of their attendance at or participation in the track day activity, excluding any relevant person's liability for personal injury or death caused by its negligence.

Motorsport can be dangerous and whilst Lydden Hill Race Circuit will take all reasonable precautions, accidents can occur. By attending a track day, you acknowledge this and confirm that you understand of the nature of the activity and attend at the event at your own risk.

The event does not provide any personal accident or motor vehicle insurance as part of the track day booking agreement and the organisers strongly recommend that appropriate insurance is purchased from an insurance company that provides policies for track day activities.

Fitness to Participate

All drivers / riders must be medically and physically fit to participate in the activity and not have any medical condition for which they are obliged to notify DVLA. Participants (including passengers) are prohibited if under the influence of alcohol, drugs, prescribed or over the counter medication which may impede their ability to drive. Any medical conditions including those which may require a specific medical response must be reported directly to the event Chief Medical Officer via the circuit medical office.

Track days are open to drivers with disabilities who hold a current full DVLA licence or recognised governing body competition licence. The driver must be using the vehicle for which their licence is applicable and which has the necessary adaptations to enable them to control the vehicle safely. The Chief Medical Officer will meet with the driver to discuss any specific needs and to determine any specific incident response arrangements if they are not able to self-extricate and get themselves to a position of safety. Similar arrangements may be required for disabled passengers, therefore prior notification is required.

Participants must wear any corrective eyewear which is required for driving.



Persons who are pregnant are not permitted to participate either as drivers or passengers.

CAR TRACK DAY

Driver Requirements

All drivers must hold one of the following licences to be eligible to participate in car track days:

- a full, unrestricted driving licence (not provisional) for the category of vehicle as issued by DVLA (or foreign equivalent) or
- Any Motorsport UK National or Race Club license (or higher)
 - For the avoidance of doubt, any Motorsport UK Clubman or Interclub licenses will not give eligibility to participate in a LHRC car track day.

Drivers aged 16-18 years require the written consent of a parent or guardian to participate in a track day activity either as a driver or a passenger. The parent or guardian must be present at the event and complete the signing on process with the participant. Junior drivers who hold a Motorsport UK National Race Licence must use a vehicle of similar specification and performance to their race car and this will require prior approval by LHRC. Drivers aged 16 – 18 years are not permitted to carry a passenger with the exception of a parent / guardian or an ARDS instructor.

For the avoidance of doubt, drivers under the age of 16 will not be permitted to participate in a LHRC track day.

Additional drivers must be using the same car as their main driver, an additional driver cannot be driving on circuit at the same time as the main driver.

Equipment Requirements

All drivers and passengers must wear a suitable, correctly fitting and fastened automotive crash helmet and have their arms and legs covered at all times whilst on circuit. In the case of open top vehicles, drivers must wear full face helmets. It is the responsibility of the helmet owner to ensure that the helmet is fit for purpose.

Helmets are not available for hire from the venue.

Vehicle Requirements

The vehicle intended for use on the track day should conform to MOT minimum standards for road use or current Motorsport UK or Oval Track Racing Council technical and safety regulations. Classic cars which are MOT exempt may be accepted on a case-by-case basis however all cars must have working seat belts/harness regardless of the age of the vehicle.

All vehicles must be in good condition both mechanically and structurally and suitable for their intended use on the track with a seat belt or harness. The condition of the seat belt or harness is the responsibility of the vehicle owner. It is the duty of the participant to ensure that the vehicle remains



in this condition for the duration of the activity. Seat belts and harnesses must be worn correctly at all times. All vehicles must also comply with the circuit noise regulations (see below).

Single seater and open wheel cars must be approved in advance by LHRC.

Vehicles exceeding 1.85m in height are not permitted.

Racing slicks are permitted, only if a Motorsport UK approved roll cage is also fitted

All wheels fitted must be compatible with your vehicle, are of the correct fitment and are fit for purpose.

The driver is entirely responsible for ensuring wheels are fitted correctly, that wheel bolts/nuts are adequately fastened taking into account the manufacturer recommendations of the wheel & vehicle. The owner will be responsible for any damage caused.

Hybrid or electric vehicles are prohibited unless written permission from LHRC has been granted in advance.

Open top cars must be fitted with a full Motorsport UK or FIA approved roll safety device, or other road homologated roll over safety device.

All vehicles must be fitted with front and rear towing eyes or towing fixtures that are clearly visible to the recovery staff and are rated for the loads required of a recovery point. LHRC will take all reasonable precautions to ensure no damage is caused, however LHRC are not responsible for any damage sustained as result of a recovery being carried out.

On board recording equipment is permitted. However, It is strictly prohibited for drivers to adjust or operate recording equipment while out on circuit. All equipment must be secured safely and securely to your vehicle using professional mounting systems specifically designed for that purpose. Suction mounts require a secondary device to ensure the device is secure, such as a tether.

CAR TRACK DAY PROCEDURES

Registration / Signing On

All drivers will be required to read carefully and complete a driver information form, trackday driver declaration and the electronic briefing. Completing this information in advance will expedite your sign-on process on the day.

Signing on and wristband collection for drivers and passengers takes place from 07:30am in the signing on office located on the ground floor of the Circuit Office building. Although driving licences will be uploaded to the alpha profile, drivers must produce their valid UK driving licence (or overseas equivalent) or MSUK licence when signing on. Photocopies are not acceptable.

Drivers who also wish to participate in the event as a passenger will also need to complete the passenger signing on process. The driver wrist band does permit a driver to be a passenger in another driver's car.



Any tampering of wrist bands will result in immediate exclusion from the event.

Briefing

The safety briefing is compulsory for all drivers regardless of previous attendance on track days. The full safety briefing will be sent to you via Alpha Timing ahead of the event, there will also be a verbal briefing on the day, the time of which can be confirmed at the sign on office.

A briefing wristband will be provided to all attendees at the briefing, this wristband will need to be shown to the grid marshal each time you enter the circuit.

Passengers

Only one passenger may be carried in the vehicle at any one time and subject to the wearing of an automotive crash helmet and the correct use of seat belt or safety harness. The passenger must be seated in the front passenger seat.

Passengers under the age of 18 require the consent of a parent / guardian and the appropriate section of the Passenger Track Day Declaration Form must be countersigned. The minimum age for passengers is 14 years. **All passengers under the age of 18 will be required to produce proof of age (Such as a passport) on the day.**

Driving Standards

The standards for all participants are as follows:

- Participants must not act or drive recklessly, dangerously or in an intimidating fashion, whether on track or otherwise. Any person driving in a manner incompatible with safety will, at the discretion of the Track Supervisor, be black flagged by the start line marshal and may be excluded from the session or event.
- Donuts, tyre spinning and drifting is not permitted.
- Lydden Hill Race Circuit reserves the right to exclude any participant from the event who puts other drivers at risk or damages the venue.
- Racing is not permitted.
- No timekeeping or pace making of any sort is allowed on the track day.
- Participants must follow the instructions of Lydden Hill officials at all times.
- All groups will receive 3 sighting laps at the start of their first session to enable drivers to become familiar with the track. The sighting laps are distinguished by use of GREEN waved flags and overtaking is not permitted. Immediately following the sighting laps, the marshals will cease waving flags to indicate that the session is now open. For the remainder of the day, every class will have 1 sighting lap at the start of every session. **Additional drivers must complete at least one sighting lap before they are permitted to participate in the track day, it is the responsibility of the driver to ensure they arrive in time for their session.**
- Groups will be released from the assembly area on the sole command of the Track Day



Supervisor when the circuit is clear and ready to be used.

- All vehicles must use the slip road at the top of the hill to return to the paddock.
- Lydden Hill operates track limits regulations in line with most other circuits and drivers will be briefed on their application.
- It is the responsibility of the driver to ensure that s/he understands the information provided in the safety briefing and is familiar with flag signals in use at Lydden Hill.

BIKE TRACK DAY

Driver Requirements

The licencing and eligibility criteria for bike track days are under the direct control of No Limits.

Equipment Requirements

The equipment requirements for participants in bike track days are as stipulated by No Limits.

Vehicle Requirements

The vehicle requirements for participants in bike track days are as stipulated by No Limits. The vehicle must be in good condition both mechanically and structurally and suitable for its intended use on the track. It is the duty of the participant to ensure that the vehicle remains in this condition for the duration of the activity, in the interests of the participant's safety and the safety of others at the circuit. All vehicles must also comply with the circuit noise regulations (see below).

BIKE TRACK DAY PROCEDURES

Registration / Signing On

Signing on and wristband collection takes place from 07:30am in the signing on office located on the ground floor of the Circuit Office building. This process is overseen by a representative of No Limits. Riders must produce their valid UK driving licence (or overseas equivalent) or ACU / FIM licence. Photocopies are not acceptable.

Any tampering of wrist bands will result in immediate exclusion from the event.

Briefing

A full safety briefing will take place prior to any track activity and is mandatory for all riders. All riders must attend the briefing and collect a briefing sticker or wristband to confirm their attendance. These will be issued after the briefing and will be checked in pit lane before each of their track sessions throughout the day. The 'No Limits' rule is **No Sticker, No Wristband, No Tracktime**.

Riding Standards

The following standards for all riders are in addition to those stipulated by No Limits:

- Participants must not act or ride recklessly, dangerously or in an intimidating fashion,

whether on track or otherwise. Any person riding in a manner incompatible with safety, including the pulling of wheelies, will at the discretion of the Track Supervisor, be black flagged by the start line marshal and may be excluded from the session or event.

- Lydden Hill Race Circuit reserves the right to exclude any participant from the event who puts other riders at risk or damages the venue.
- Racing is not permitted.
- No timekeeping or pace making of any sort is allowed on the track day.
- Participants must follow the instructions of Lydden Hill officials at all times.
- All groups will receive 3 sighting laps at the start of their first session to enable riders to become familiar with the track. The sighting laps are distinguished by use of yellow waved flags and overtaking is not permitted. Immediately following the sighting laps, green waved flags indicate that the session is now open. Sighting laps do not take place during subsequent sessions on the same day.
- Groups will be released from the assembly area on the sole command of the Track Supervisor when the circuit is clear and ready to be used.
- All vehicles must use the slip road at the top of the hill to return to the paddock.
- It is the responsibility of the rider to ensure that s/he understands the information provided in the safety briefing and is familiar with the light / flag signals in use at Lydden Hill.

FURTHER REQUIREMENTS (relevant to car and bike track days)

Parking

Parking for those participating in the track day will be located in the paddock area as identified on the venue map. Spectators, friends and family (*if permitted under Covid-19 restrictions) will need to park on the fields overlooking the paddock and walk down into the paddock.

General

Dogs are permitted at Lydden Hill but must be constantly under the control of the owner and on a secure lead. Liability for any incidents rests with the owner.

Paddock

When in the paddock, participants are responsible for ensuring the safety of themselves and their guests and are bound by the regulations below:

- The paddock speed limit is 10mph
- All participants must familiarise themselves with the location of fire alarm call points and fire extinguishers in the paddock area
- Storage of fuel is limited to 25l per driver / rider participant
- Persons under the age of 18 must be adequately supervised at all times
- Spectators are not permitted to enter the Assembly Area, track or return road
- The scrutineering bay is out of bounds to all participants



- Fuel must be stored securely in suitable receptacles
- Paddock bikes or other forms of unlicensed motorised transport are not permitted
- No tent pegs or similar are to be hammered into the paddock surface (anyone found doing so is liable for any repair costs)
- Participants are liable for any excessive clean-up costs caused by them
- Litter must be disposed of in the bins provided
- Any waste oil must be disposed of in the receptacle located at the back of the paddock
- Any waste tyres must be disposed of by the participant and removed from site

Electricity is available in the paddock area at a charge of £5, £10 or £20 depending on the individual requirements. Electricity cards are available to purchase from the catering unit.

Noise Restrictions

The vehicle to be used on the track day must conform to Lydden Hill noise regulations which have been set by the local authority. The noise limit for track days is 100dB static which will be tested when participants arrive in the Assembly Area immediately prior to their session.

Engines must not be run before 08:55 Saturday and 10:25 Sunday (tick over only). No engines are to be run after 18:00 Saturday and 16:00 Sunday.

Noise is monitored throughout the event through the use of 'drive by' and circuit perimeter monitoring. Any excessively noisy vehicle will be black flagged and removed from the track until corrective action has been taken. If the vehicle fails to meet the noise test requirements and the driver or rider is no longer able to participate in the track day, LHRC will not be liable for providing a refund. The same applies if the vehicle suffers mechanical issues and limits or prevents participation.

Photography and Video Images

The taking of still photographs & video footage for personal, non-commercial and non-promotional use is permitted.

The carrying of on-board cameras/videos for personal, non-commercial and non-promotional use is permitted subject to the cameras being safely and securely attached, using bolt-on mounting systems specifically designed for that purpose (not suction or other temporary mountings).

The carrying of on-board cameras/videos for commercial use is prohibited unless authorised in writing by LHRC or the event organiser i.e. No Limits. In the event of commercial footage, LHRC or No Limits reserve the right to charge a reasonable fee for the production and distribution of such coverage. It is also prohibited to live stream any footage taking during track day activities.

In the event of any incident, footage must be provided to the track day organiser or any enforcing authority and must not be distributed via social media. Any footage obtained in this regard will be handled in accordance with LHRC's Data Protection Policy.