

## Sideways Sessions Regulations 2023

This document details the terms and conditions by which all participants (drivers/passengers and spectators) at a Sideways Session event are bound. It is a requirement that these regulations are read in full and in signing the Driver Declaration Form, the participant is confirming to abide by these conditions.

Lydden Hill Motorsport Club LTD (LHMC LTD) maintains the right to refuse entry or to eject from the venue any person who is acting against the interests of safety and/or whose behaviour is likely to cause damage, nuisance or injury.

### **Acknowledgement of Risk**

Neither LHMC LTD, any instructor(s) or any company or organisation connected to the event or any of their respective employees, agents or assistants, shall be liable for any injury, loss, damage, claims, costs, expenses or demands suffered directly or indirectly by a participant as a consequence of their attendance at or participation in the track activity, excluding any relevant person's liability for personal injury or death caused by its negligence.

Motorsport can be dangerous and whilst Lydden Hill Motorsport Club Limited will take all reasonable precautions, accidents can occur. By attending this event, you acknowledge this and confirm that you understand of the nature of the activity and attend the event at your own risk.

**The event does not provide any personal accident or motor vehicle insurance as part of the booking agreement and the organisers strongly recommend that appropriate insurance is purchased from an insurance company that provides policies for track activities.**

### **Fitness to Participate**

All drivers must be medically and physically fit to participate in the activity and not have any medical condition for which they are obliged to notify DVLA. Participants (including passengers) are prohibited if under the influence of alcohol, drugs, prescribed or over the counter medication which may impede their ability to drive. Any medical conditions including those which may require a specific medical response must be reported directly to the event Chief Medical Officer via the circuit medical office.

Sideways Sessions are open to drivers with disabilities who hold a current full DVLA licence or recognised governing body competition licence. The driver must be using the vehicle for which their licence is applicable and which has the necessary adaptations to enable them to control the vehicle safely. The Chief Medical Officer will meet with the driver to discuss any specific needs and to determine any specific incident response arrangements if they are not able to self-extricate and get themselves to a position of safety. Similar arrangements may be required for disabled passengers, therefore prior notification is required.

Participants must wear any corrective eyewear which is required for driving.

Persons who are pregnant are not permitted to participate either as drivers or passengers.

## Driver Requirements

All drivers must hold one of the following licences to be eligible to participate in sideways sessions:

- a full, unrestricted driving licence (not provisional) for the category of vehicle as issued by DVLA (or foreign equivalent) or
- Any Motorsport UK National or Race Club license (or higher)
  - For the avoidance of doubt, any Motorsport UK Clubman or Interclub licenses will not give eligibility to participate in LHMC LTD sideways sessions.

**Drivers aged 16-18 years require the written consent of a parent or guardian to participate in a track day activity either as a driver or a passenger.** The parent or guardian must be present at the event and complete the signing on process with the participant. Junior drivers who hold a Motorsport UK National Race Licence must use a vehicle of similar specification and performance to their race car and this will require prior approval by LHMC LTD. Drivers aged 16 – 18 years are not permitted to carry a passenger with the exception of a parent / guardian or an ARDS instructor.

Additional drivers must be using the same car as their main driver, an additional driver cannot be driving on circuit at the same time as the main driver.

All drivers require a valid membership for Lydden Hill Motorsport Club Limited to participate in a sideways session event.

## Equipment Requirements

All drivers and passengers must wear a suitable, correctly fitting and fastened automotive crash helmet and have their arms and legs covered at all times whilst on circuit. In the case of open top vehicles, drivers must wear full face helmets. It is the responsibility of the helmet owner to ensure that the helmet is fit for purpose.

Helmets are not available for hire from the venue.

## Vehicle Requirements

The vehicle intended for use at sideways sessions should conform to MOT minimum standards for road use or current Motorsport UK Drift Pro Championship technical and safety regulations. Classic cars which are MOT exempt may be accepted on a case-by-case basis however all cars must have working seat belts/harness regardless of the age of the vehicle.

All vehicles must be in good condition both mechanically and structurally and suitable for their intended use on the track with a seat belt or harness. The condition of the seat belt or harness is the responsibility of the vehicle owner. It is the duty of the participant to ensure that the vehicle remains in this condition for the duration of the activity. Seat belts and harnesses must be worn correctly at all times. All vehicles must also comply with the circuit noise regulations (see below).

Single seater and open wheel cars must be approved in advance by LHMC LTD.

Vehicles exceeding 1.85m in height are not permitted.

Racing slicks are permitted, only if a Motorsport UK approved roll cage is also fitted



Hybrid or electric vehicles are prohibited unless written permission from LHMC LTD has been granted in advance.

Open top cars must be fitted with a full Motorsport UK or FIA approved roll safety device, or other road homologated roll over safety device.

All vehicles must be fitted with front and rear towing eyes or towing fixtures.

On board recording equipment is permitted. However, It is strictly prohibited for drivers to adjust or operate recording equipment while out on circuit. All equipment must be secured safely and securely to your vehicle using professional mounting systems specifically designed for that purpose. Suction mounts require a secondary device to ensure the device is secure, such as a tether.

### **Noise Restrictions**

The vehicle to be used on the track day must conform to Lydden Hill noise regulations which have been set by the local authority. The noise limit for track days is 100dB static which will be tested when participants arrive in the Assembly Area immediately prior to their session.

Engines must not be run before 08:55 Saturday and 10:25 Sunday (tick over only). No engines are to be run after 18:00 Saturday and 16:00 Sunday.

Noise is monitored throughout the event through the use of 'drive by' and circuit perimeter monitoring. Any excessively noisy vehicle will be black flagged and removed from the track until corrective action has been taken. If the vehicle fails to meet the noise test requirements and the driver or rider is no longer able to participate in the track day, LHMC LTD will not be liable for providing a refund. The same applies if the vehicle suffers mechanical issues and limits or prevents participation.

### **Registration / Signing On**

All drivers will be required to read carefully and complete a driver information form, sideways sessions driver declaration and the electronic briefing. Completing all of this information in advance will expedite your sign-on process on the day.

Signing on and wristband collection for drivers and passengers takes place from 13:00 in the signing on office located on the ground floor of the Circuit Office building. Although driving licences will be uploaded to the alpha profile, drivers must produce their valid UK driving licence (or overseas equivalent) or MSUK licence when signing on. Photocopies are not acceptable.

Drivers who also wish to participate in the event as a passenger will also need to complete the passenger signing on process. The driver wrist band does permit a driver to be a passenger in another driver's car.

**Any tampering of wrist bands will result in immediate exclusion from the event.**

### **Briefing**

The safety briefing is compulsory for all drivers regardless of previous attendance on track days. The full safety briefing will be sent to you via Alpha Timing ahead of the event, there will also be a verbal briefing on the day, the time of which can be confirmed at the sign on office.

A briefing wristband will be provided to all attendees at the briefing, this wristband will need to be shown to the grid marshal each time you enter the circuit.

## Passengers

Only one passenger may be carried in the vehicle at any one time and subject to the wearing of an automotive crash helmet and the correct use of seat belt or safety harness. The passenger must be seated in the front passenger seat.

Passengers under the age of 18 require the consent of a parent / guardian and the appropriate section of the Passenger sideways session Declaration Form must be countersigned. The minimum age for passengers is 14 years. **All passengers under the age of 18 will be required to produce proof of age (Such as a passport) on the day.**

## Driving Standards

The standards for all participants are as follows:

- Participants must not act or drive recklessly, dangerously or in an intimidating fashion, whether on track or otherwise. Any person driving in a manner incompatible with safety will, at the discretion of the Track Supervisor, be black flagged by the start line marshal and may be excluded from the session or event.
- Donuts and burnouts are not permitted.
- Lydden Hill Motorsport Club LTD reserves the right to exclude any participant from the event who puts other drivers at risk or damages the venue.
- Racing is not permitted.
- No timekeeping or pace making of any sort is allowed on the track day.
- Participants must follow the instructions of Lydden Hill officials at all times.
- Groups will be released from the assembly area on the sole command of the Track Day Supervisor when the circuit is clear and ready to be used.
- Drivers waiting in the assembly area must be ready to go out on circuit at all times, with helmets and seatbelts/harnesses securely fastened. Spectators and unauthorised pedestrians are strictly prohibited from entering the assembly area at all times.
- There will be a maximum of 4 cars on circuit in each session. The circuit will be watered for the duration of the event.
- All vehicles must use the slip road at the top of the hill to return to the paddock.
- Lydden Hill operates track limits regulations in line with most other circuits and drivers will be briefed on their application.
- It is the responsibility of the driver to ensure that s/he understands the information provided in the safety briefing and is familiar with flag signals in use at Lydden Hill.
- No drifting around Chessons or at the top of the hill above the cut through unless told otherwise. A drift must be stopped before the control tower on Canterbury straight and cannot recommence until the entry to Devils Elbow. If you have any questions with where you can/cannot drift, please ask a member of staff.
- No drifting or driving on the grass. Dirt dropping twice in one session will result in you missing your next session.
- Stopping or slowing to a crawl is not permitted. Maintain a constant speed when not drifting.

## **Parking**

Parking for those participating in the track day will be located in the paddock area as identified on the venue map. Spectators, friends and family (\*if permitted under Covid-19 restrictions) will need to park on the fields overlooking the paddock and walk down into the paddock.

## **General**

Dogs are permitted at Lydden Hill but must be constantly under the control of the owner and on a secure lead. Liability for any incidents rests with the owner.

## **Paddock**

When in the paddock, participants are responsible for ensuring the safety of themselves and their guests and are bound by the regulations below:

- The paddock speed limit is 10mph
- All participants must familiarise themselves with the location of fire alarm call points and fire extinguishers in the paddock area
- Storage of fuel is limited to 25l per driver / rider participant
- Persons under the age of 18 must be adequately supervised at all times
- Spectators are not permitted to enter the assembly area, track or return road
- The scrutineering bay is out of bounds to all participants
- Fuel must be stored securely in suitable receptacles
- Paddock bikes or other forms of unlicensed motorised transport are not permitted
- No tent pegs or similar are to be hammered into the paddock surface (anyone found doing so is liable for any repair costs)
- Participants are liable for any excessive clean-up costs caused by them
- Litter must be disposed of in the bins provided
- Any waste oil must be disposed of in the receptacle located at the back of the paddock
- Any waste tyres must be disposed of by the participant and removed from site

Electricity is available in the paddock area at a charge of £5, £10 or £20 depending on the individual requirements. Electricity cards are available to purchase from the catering unit.

## **Photography and Video Images**

The taking of still photographs & video footage for personal, non-commercial and non-promotional use is permitted.

The carrying of on-board cameras/videos for personal, non-commercial and non-promotional use is permitted subject to the cameras being safely and securely attached, using bolt-on mounting systems specifically designed for that purpose (not suction or other temporary mountings).

The carrying of on-board cameras/videos for commercial use is prohibited unless authorised in writing by LHMC LTD. In the event of commercial footage, LHMC LTD reserve the right to charge a reasonable fee for the production and distribution of such coverage. It is also prohibited to live stream any footage taking during track day activities.

In the event of any incident, footage must be provided to the track day organiser or any enforcing authority and must not be distributed via social media. Any footage obtained in this regard will be handled in accordance with LHRC's Data Protection Policy.



